

## Sensitization of General Public - Report

Sensitization of general public on their rights, entitlements and health related topics is one of the key activities proposed under the QIPHS project. In order to fulfil this objective we have organized two sensitization sessions for the general public during this reporting quarter.

### Sensitization Session 1: Class on Health Hygiene

*Date: 29-11-2019; Venue: Kerala Agriculture University School, Vellanikkara*



First sensitization program was organized in association with Kerala Agriculture University, Vellanikkara on 29<sup>th</sup> November, 2019. The session was on “Health Hygiene” for teenage girls at the school. Jananeethi project officer Ms. E. Jayasree gave a brief introduction about the QIPHS project and the purpose and importance of conducting such sensitization sessions. The technical session was handled by Mr. Reji V.Mathew, Health Inspector of Community Health Centre Vellanikkara. He explained in simple language suitable for teenage level girls regarding the various aspects of personal health hygiene. Around eighty girls and teachers from the school attended the class. Posters relevant to the topic were displayed in the class room for their easy understanding.

All the participants of the class belong to the families situated near and peripheral areas of CHC Vellanikkara. So we are quite sure that the information disseminated during the session will reach to the community at large that is covered under the project. Posters relevant to the topic were displayed in the class room for easy understanding. The session ended with vote of thanks extended by Ms. Shajna student intern from Jananeethi.

### Sensitization Session 2: Two day training on palliative care

*Date: 7 and 9<sup>th</sup> December 2019. Venue: CHC Vellanikkara*



The second sensitization for the community was conducted as a training session for the selected women members of the Health Watch formed for CHC Vellanikkara. All of them are the beneficiaries

of CHC Vellanikkara as they reside close to the hospital. Along with them Ms. E. Jayasree project officer of Jananeethi also attended the training. It was organized in cooperation with Palliative Care Unit of CHC Vellanikkara on 7<sup>th</sup> and 9<sup>th</sup> of December 2019. The training gave the participants the importance of palliative care and how much positive impact it brings in the families with



bed ridden patients. There were both input session as well as field exposure. Participants of the training received a basic level of understanding and training on palliative care. The training session was mainly handled by Mr. V. Balaraman President Care for All with assistance from the staff of Palliative Care Unit of CHC, Vellanikkara.

To conclude, both sensitization sessions went well and we are quite sure that the community will be empowered and enriched through these initiatives.

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